



## What is The Human Race?

The Human Race is a 5k walk/run and fundraiser for all charities serving McHenry County. It will take place during **National Volunteer Week** on April 16, 2011. Sign up and raise money for a charity of your choice. Or just participate in the event and designate an organization to receive the donation of your registration fee.



## Registration

The fee to register is \$25 (before April 9, 2011). Register online at Active.com or by completing the attached registration form. The first 300 registrants are guaranteed a t-shirt so be sure to sign up early! Mail your completed registration along with **\$25** registration fee to the Volunteer Center by April 9th.

After April 9th, the fee to register is \$30. You may register in person at one of our packet pick-up locations or on race day.

Make checks payable to **Not-For-Profit-Resources** and mail with your registration to the following address:  
**Human Race, PO Box 386, McHenry, IL, 60051**

*Make sure to support these generous sponsors that are helping your community!*



United Way  
of McHenry County



This year during **National Volunteer Week**, support a cause and your community!

**April 16, 2011**

**9AM at  
McHenry Corporate Park, Prime Pkwy**



**A 5K Walk/Run Supporting  
McHenry County charities**

**All proceeds/donations benefit  
charitable organizations  
Serving McHenry County**

Organized by:

**Volunteer Center  
McHenry county**

4508 Prime Parkway  
McHenry, IL 60050

Phone 815-344-GIVE (4483)

**[www.mchumanrace.org](http://www.mchumanrace.org)**

[www.volunteermchenrycounty.org](http://www.volunteermchenrycounty.org)

## Registration (Please Print)

Name \_\_\_\_\_ Gender: Male \_\_\_\_\_ Female \_\_\_\_\_  
Address \_\_\_\_\_ Age (on 4/16/11) \_\_\_\_\_ Date of Birth \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ T-Shirt Size (circle one): YL S M L XL XXL  
Phone \_\_\_\_\_ 5k walk \_\_\_\_\_ 5k run \_\_\_\_\_ (Fee is \$25 or \$30 after April 9, 2011)

### Organization you wish to support

I recognize and acknowledge that this is a Race 5k Run/Walk. I voluntarily agree to assume the full risk of any injuries, damage, or loss, regardless of severity, that may happen as a result of participating in the Human Race. I certify that I am medically able and properly trained to race. I hereby release Not-For-Profit Resources, Inc. staff, volunteers, sponsors, City of McHenry, McHenry Industrial Park, officials, registered charitable organizations, and the committee members from all liability for injury, damages, or loss that may occur to me and arising of, connected with, or in any way associated with this activity. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of any claims. Photos at this event may be used for future promotional materials.

Participant's Signature \_\_\_\_\_

if under 18, Parent of Guardian's signature \_\_\_\_\_

**Make checks payable to Not-For-Profit-Resources. Mail to: Human Race, PO Box386, McHenry, IL, 60051**



### Packet Pick-up

Beat the race day rush and pick up your packet early. Packet pick-up will be available at the following times and locations:

- **2pm to 7pm Thursday April 14** at the Volunteer Center, 4508 Prime Pkwy, McHenry, IL
- **2pm to 7pm Friday April 15** at The Running Depot, 30 N Williams St, Crystal Lake, IL
- **7am to 8:30am Race Day**, Corporate Park, McHenry



### Race Day Timeline

**7am-8:30am:** Packet pick-up & registration  
**9am:** Race start, walkers will be released following all runners



### Awards and Prizes

Awards will be given to the top 3 finishers for both men and women. Medals will be awarded to the top 3 finishers in each age group.

Fundraising Awards (pledges must be turned in by May 1, 2011 to be eligible):

- Prize for top fundraising organization— an additional \$500 dollars.
- Prize for top fundraising individual — \$250 to the organization of their choice.



### Collect pledges for your favorite charity

Support your favorite charity by collecting pledges on their behalf. Use our online tool to boost your fundraising power. Go to [www.mchumanrace.org](http://www.mchumanrace.org) and click on the "Links" page to connect to the online tool.

You can also use the attached pledge sheet. Additional pledge sheets are available at the organization you are supporting or at the Volunteer Center. Pledges can be turned in on race day or mailed to the Volunteer Center by May 1, 2011.



### Start a team!

Don't want to go it alone? Create a team with your friends, family, co-workers, or fellow volunteers. There is power in numbers! Your team can create it's own fundraising webpage for each member to link up with using our online fundraising tool.



### More Information

For additional information about The Human Race and how you can get involved, visit our website: [www.mchumanrace.org](http://www.mchumanrace.org), or call the Volunteer Center: 815-344-4483